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In Touch

A QUARTERLY PUBLICATION OF THE BODY OF CHRIST COMMUNITY CLINIC, BELTON, TEXAS

2nd Annual Golf Tournament Set

Golf Fundraiser October 19th

The Body of Christ Community Clinic will hold its second annual golf tournament on October 19th at Wildflower Country Club in Temple.

The shotgun start will begin at 9:30 AM. The cost for a team is $400 with Buy a Drive at $20 per team and Mulligans at $15 each or three for $25. At the event, a lunch will be provided, and at the conclusion of the tournament a raffle, silent auction and an awards ceremony will be held

Sponsorship packages are also available. A Platinum sponsorship is available for $1,000 and includes entry fees for four golfers, 8 Mulligans, a Buy a Drive, Hole Sign Sponsorship, Name on Banner, eight Raffle tickets and Media Recognition. A Gold sponsorship is $750 and includes golf fees for four golfers, Name on Banner, 4 Mulligans and a Buy a Drive. A Silver sponsorship cost $500 and includes golf fees for four golfers and a Hole Sign Sponsorship. A Bronze sponsorship is available for $200 and gives the sponsor a Hole Sign Sponsorship.

Entry forms are available at the Body of Christ Community Clinic or from David Spradley at 121 North 31st Street, Suite C ~ Temple, TX 76504 or email him at: david@spradleyproperties.com

Please make any checks payable to "Body of Christ Golf."

From the Desk of the Chairman: Jerry Wickwire

Recently I was looking at a list of writing prompts. When I need to write and there doesn't seem to be anything in the well, writing prompts unstick the cogs and get things moving again. This writing topic jumped off the page.

If I were a superhero, I'd be . . . I'd love to be Superman, flying in to save the day, blowing out fires, looking through burning buildings for people with my X-ray vision, stopping a train before it flies off a broken bridge!

But as I think about the Body of Christ Community Clinic, I'm reminded of all the heroes who help in so many ways. We have dentists and doctors and nurse practitioners and physicians assistants. We have hygienists and dental assistants and nurses. We often think about those folks when we think of medical and dental clinics.

However, there is also our volunteer support staff who keep things working so we can see patients. People who make appointments and follow-up with reminders, those who greet patients at the front desk and take care of paperwork, and those who minister as chaplains, they all are important to the operation of the clinic.

One definition of "hero" that I like is "a person who, in the opinion of others, has special achievements, abilities, or personal qualities and is regarded as a role model or ideal" (dictionary.com). All those folks who volunteer are heroes as far as I'm concerned. They have achieved in one way or another and are willing to offer their abilities to help the clinic meet the needs of our patients.

Every spring, we set aside an evening to honor our volunteers, but I want to take a moment here in the fall to thank all those who volunteer in whatever way. Because of your sacrifices and skills

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Just Four Hours A Month *by Howard Lufburrow, D.D.S.*

Four hours a month. Yes, that's all it is, just 4 hours a month to volunteer at the Body of Christ Dental Clinic. Currently there are 10 dentists (3 from the VA residency program), 4 hygienists and 3 dental assistants volunteering but we only cover a little over 40 hours a month. These 40 hours a month do not meet the demand for dental services of patients needing care in the Belton/Salado area.

Two weeks ago, I did my 4 hours for the month of September. And I must admit, that even though I was really tired from my 8 to 5 practice, the 4 volunteer hours flew by so quickly. I dealt with friendly patients and met some people that really needed my help. I left that night feeling like I had helped a little towards the overwhelming dental needs at the clinic.

I am lucky in that I grew up in a family that believed in volunteering and giving back to the community. So the decision was pretty easy for me to choose to volunteer at the Body of Christ Clinic. I believe we all need to give back to this wonderful profession we have been blessed to be a part of, and I realize my life changed when I was accepted to dental school. I look at all the opportunities I have now just because I decided to go to dental school. We should give back. We need to give back. We must give back. The Body of Christ Clinic is a great option.

As I look back over the times that I have volunteered, each time that I worked I met truly appreciative and thankful patients. Good people- like the elderly lady with an abscessed tooth, or a young man thankful to get his teeth fixed and eager to go interview for a job, or a grandmother worried about her two grandchildren that have toothaches or a young lady trying to push through the pain in her mouth, so she can take care of her kids. These are just a few examples of where help is need-

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Summer Events

For the first time the Body of Christ Community Clinic participated in Belton's 4th of July parade. Executive Director Donna Dunn said, "I have been wanting to have a presence in the 4th of July parade for years, and this year we, with a lot of help, were able to pull it off!"

The trailer was donated and driven by Carroll Young. The float was decorated before the parade and we had ten people on the float. The crowd warmly greeted the Clinic float as it passed by, with many thumbs up and shouts of thanks!

On September 1st the First United Methodist Church in Belton hosted its 6th 5-K Annual Fun Run, called Labors of Love. About 200 runners and walkers participated and all the proceeds were donated to the Clinic. Board Chair Jerry Wickwire said, "We owe First Methodist Church, Belton a tremendous thank you for doing this for our benefit."

4th of July Parade & FUMC Fun Run

Top left: Float riders gather at UMHB prior to the parade; *Top right*: Runner at the FUMC-Belton Fun Run; *Middle left*: Brinley Agee (left) and Hannah Hudson (right) greet spectators in downtown Belton; *Middle right*: Runner with his kids taking a ride *Left*: from left Jerry Wickwire, Patricia Rye and Donna Dunn before the start of the parade; *Right*: Runner starting out on the FUMC-Belton Labor of Love Fun run.

From the Desk of the Chairman

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Body of Christ Community Clinic can help our patients toward health and well-being. Thank you!

Just 4 Hours

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ed.

So what about you? What are you doing to give back? What can you give up for 4 hours a month? A tv show, a golf game, or just relaxing at home. Choose an evening or a day and the Body of Christ Clinic will try to accommodate your schedule. Why? Because they really need your help.

Be a blessing for others and donate your time and expertise. Volunteer at the Body of Christ Dental Clinic! Give them a call at 254-939-9500.

October 19th: The 2nd annual Body of Christ Community Clinic Golf Classic at Wildflower Country Club in Temple. Shotgun start at 9:30 AM.

November 27th: Giving Tuesday Event. #GivingTuesday is a global day dedicated to giving back. It is the Tuesday after Thanksgiving where charities, families, businesses, community centers, and students around the world will come together for one common purpose, to celebrate generosity and to give.

Unsolicited Patient Letter

"Thanks to the Angel who suggested Celebrate Recovery, it is life changing. Thanks to the Doctors for healing my broken body and lifting my wounded soul. Thanks to the prayer warriors, and for not giving up on me."

Anonymous

DO YOU KNOW?

Sponsoring Churches

- First Baptist Church in Belton was the church that first studied the concept of a Christian based clinic for the underserved.
- Today there are 14 different churches, of different denominations, who make regular donations to the Clinic
- Each church agrees to give 0.05% of its operating budget to the Clinic each year
- The 14 churches are located in Temple, Belton and Salado

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ECFA ACCREDITED

United Way of Central Texas